127 Hours of Ogden

Day 1

Stay in downtown Ogden and experience Historic 25th Street

Visit Salomon Center to sky dive, rock climb and surf indoors

Hike the convenient east bench trails (5 minutes from downtown) Waterfall Canyon-trail ends at 200 ft falls) and very scenic Indian Trail

Day 2

In winter or summer both Snowbasin and Powder Mountain resorts host recreational activities for the active traveler.

Day 3

Visit Golden Spike National Historic Site

Mountain bike Wheeler Creek Canyon or the Snowbasin trails

Day 4

Visit Pineview Reservoir to flat water kayak and bird watch

If winter-snowshoe, Nordic ski or snowmobile in non-alpine skier

Day 5

Fly fish the Ogden or Weber Rivers

Climb the 9th Street Crags, Bouldering in the St. Joe's Boulder Field on the top of 29th Street